



DENVER
 Sports Authority Field at Mile High
 1801 Mile High Stadium Circle, #1500
 Denver, CO 80204
 Tel. 303-293-5711

WINTER PARK
 P.O. Box 1290
 Winter Park, CO 80482
 Tel. 303-316-1540 or 970-726-1540

www.nscd.org

The National Sports Center for the Disabled enables the human spirit through therapeutic sports and recreation. For more information about the NSCD, please visit www.nscd.org.



ADDITIONAL SUPPORT FROM



FALL/WINTER PROGRAMS 2011-2012

NATIONAL SPORTS CENTER FOR THE DISABLED



- | | |
|--------------|---------------|
| Ski | Character |
| Snowshoe | Self-Esteem |
| Tube | Endurance |
| Snowboard | Confidence |
| Ski Bike | Independence |
| Compete | Determination |
| Court Sports | Friendship |
| | Strength |



ABOUT THE NSCD

The NATIONAL SPORTS CENTER FOR THE DISABLED (NSCD) is one of the largest outdoor therapeutic recreation agencies of its kind in the world.

For 42 years, children and adults with disabilities have looked to the organization for hope and encouragement. Each year, they take to the ski slopes, rivers, mountain trails and athletic fields to learn more about sports and themselves. With specially trained instructors and its own adapted equipment lab, the NSCD can accommodate individuals with almost any physical or mental diagnosis. Experience a virtual tour and ski lesson at www.nscd.org/programs.

75% of NSCD program funding comes from donations and special events. Help continue services by donating, participating in special events, and sharing the mission with your friends, co-workers and businesses. Please contact 303-293-5314; sfranssen@nscd.org for additional information.

GENERAL INFORMATION

Winter 2011-2012

The NSCD offers a variety of exciting winter adventures, including alpine skiing, snowboarding, cross-country skiing, ski biking, Nordic Hut trips, snowshoeing and ski racing. Programs are designed for individuals, families and groups, and are available for all levels of ability, from beginner to advanced. Programs run from November 19, 2011 through April 22, 2012. We look forward to seeing you or your group this season.

Reservations

Individual reservations: www.nscd.org 303-316-1540 or 970-726-1540.

Group reservations: www.nscd.org 303-316-1540 or 970-726-1540.

Reservations are strongly recommended and are accepted on a first-come basis. Many dates fill up quickly, so make your reservations early.

Online reservations coming soon! Check at www.nscd.org after September 1st.

TITLE SPONSORS



GENERAL INFORMATION

PAYMENT AND CANCELLATIONS

Upon reservation: 50% of bill due:

30 days prior to service; Balance of bill due or reservation(s) will be cancelled. Requests for full refunds for medical, weather or other reasons are at the sole discretion of NSCD. Full refunds are given if NSCD cancels a lesson or program. NSCD accepts 3rd party payment when qualifying criteria are met. Contact emays@nscd.org for information. The participant is financially accountable for all payment until the 3rd party payment is cleared.

LODGING

All groups/individuals are responsible for their own lodging reservations.

Winter Park Central Reservations: 800-539-7699

NSCD Discounted Lodging Partners: www.nscd.org or 970-726-1540

NSCD semi-accessible condo: www.nscd.org 303-316-1540, Located in the town of Winter Park, 5 bedroom /3.5 bath, sleeps 10, available year-round.

VOLUNTEER

Contact our volunteer coordinator at www.nscd.org or asifers@nscd.org to learn about amazing year-round volunteer opportunities that are sure to change your life and the lives of those you help.

WHO CAN PARTICIPATE?

Unless otherwise noted, therapeutic recreation programs provided by the NSCD are generally designed for individuals with disabilities age 5 and older, who require adaptive equipment and/or special instruction, and their families. Call 970-726-1540 for information on programs for children under 5 years old. Experience a virtual tour and lesson at www.nscd.org/programs.

SNOWSPORTS PROGRAM LOCATIONS

Winter Park Resort

Winter Park, CO:
Alpine ski, snowboard, and ski bike lessons and camps.

Devil's Thumb Ranch Resort

Winter Park, CO:
Nordic activities.

PARKING

Close-in parking for drivers with mobility challenges: Request permit at the traffic hut.

Drop-off for passengers with disabilities: Request permit at the traffic hut.

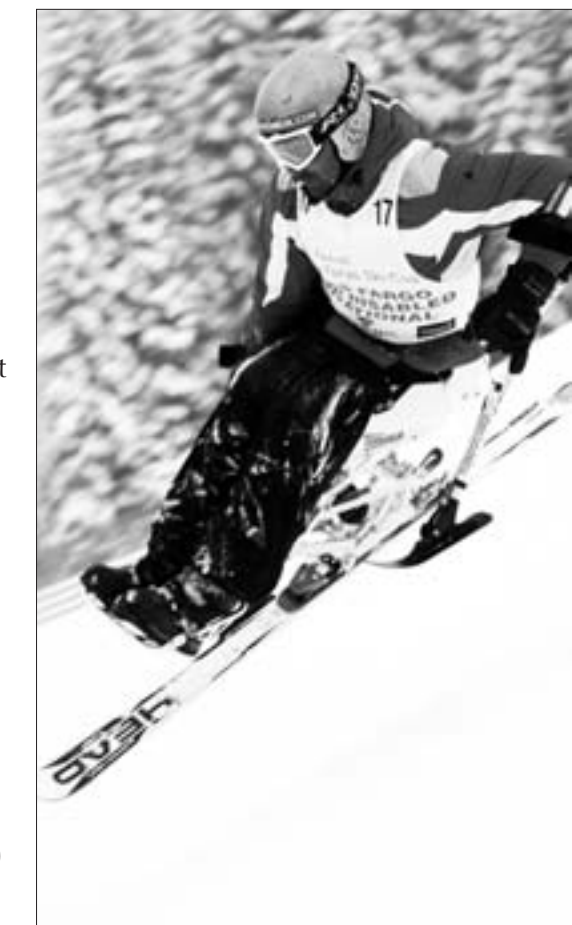
Pay parking: Pay at traffic hut.

Free parking: Park and ride shuttle or cabriolet to Village.

DRIVING DIRECTIONS

From Denver: Drive west on I-70 to US 40. Take Exit 232 at Empire. Travel north on US 40 over Berthoud Pass to Winter Park Resort and the towns of Winter Park and Fraser.

Distance: Approximately 67 miles from the Denver area.



GENERAL INFORMATION

TRANSPORTATION

** Beside program title indicates transportation provided by NSCD. Contact your local park and recreation district to see if they are bringing groups to NSCD or contact one of the following agencies:

Apex Park and Recreation District (Formerly North Jeffco Recreation District)
303-467-7158

North Metro Community Services
303-457-1001

South Suburban Parks and Recreation District
303-798-5131

Wheat Ridge Regional Center
(303) 239-4300

Boulder Parks and Recreation District Expand Program
303-413-7200

City of Aurora Therapeutic Recreation
303-739-6892

Denver Parks and Recreation Special Needs Program
720-865-0820

City of Lakewood Rise Above
303-987-4869

Free accessible transportation is available between the towns of Fraser and Winter Park and Winter Park Resort. Call 970-726-4163 for details.

OTHER WAYS TO GET HERE

AMTRAK train to Fraser and Granby, CO: Call 1-800-872-7245.
Shuttle Service and Rental Cars, Denver International Airport: Call 303-342-4059. Private Craft Airports: Granby, CO call 970-887-9926; Kremmling, CO call 970-724-0611.

GENERAL TICKETS/RENTALS

Individuals with disabilities not taking part in NSCD lessons can purchase discounted lift tickets and rent equipment from NSCD. Lift tickets are not available for purchase in advance or online.

Lift ticket rates:

Full day lift ticket for ages 5 and under	FREE
Full day ticket for people with disabilities	\$37
Full-day "Buddy Ticket" for one able-bodied guest assisting a disabled guest who is not participating in a lesson:	\$37
Season Pass for people with documented disabilities: (NSCD lesson price is not reduced for pass holders.)	\$100

Disabled season pass process:

Apply in person at NSCD administrative office at Winter Park Resort, call 970-726-1540 for operating hours. To obtain required voucher, and purchase pass at Winter Park Resort Season Pass office, call 970-726-1423 for operating hours.

Equipment rental rates:

Equipment to be used and kept on Winter Park premises	
Stand-up ski equipment: skis, boots, poles, helmet	\$17
Snowboard, boots, helmet	\$17
Outriggers only	\$10
Helmet only	\$5
Mono, bi, dual, or sit-ski and helmet	\$39
Hourly Shop fees for manufacture or repair (parts extra)	\$25



ALPINE SKIING, SNOWBOARDING, AND SKI BIKE LESSONS

Alpine ski lessons: 2-track, 3-track, 4-track, bi-ski, dual-ski mono-ski disciplines. **Snowboard lessons:** for people who have the ability to stand. **Ski bike lessons:** for people who have some control of their feet and legs. **Dates and times:** Nov. 19, 2011— Apr. 22, 2012; 9:00 - 12:00 a.m. and 1:00 - 4:00 p.m. Plan to arrive 15 minutes before the scheduled lesson. **Late arrivals:** Late arrivals must call the NSCD at 970-726-1540 no later than 9:30 a.m. or 1:30 p.m. to give notice of expected arrival time. Lesson reservations will be forfeited without refund at 9:30 a.m. or 1:30 p.m. if the NSCD office has not been notified by those times of an arrival delay.

NEW RATES

Peak Season	Half day	Full day	Regular Season	Half day	Full day
11/23 - 27	\$125	\$181	11/19 - 22	\$65	\$125
12/19 - 1/8			11/28 - 12/18		
1/14 - 16			1/9 - 13		
2/18 - 20			1/16 - 2/17		
3/5 - 31			2/21 - 3/4		
4/6 - 8			4/1 - 5; 4/9 - 22		

MOUNTAIN PROGRAMS

FAMILY LESSONS

Family lessons allow the entire family to recreate together and appreciate each other's abilities, while learning to alpine or Nordic ski, snowshoe, snowboard or ski bike. Family lessons can also provide an opportunity for parents or siblings to learn proper techniques for assisting the member with special needs on the mountain. Terrain and lesson pacing is selected for the least experienced participant, but activities will be matched to the skills of each individual so learning occurs by all!

Dates and times: Nov. 19, 2011 - Apr. 22, 2012; 9:00 - 12:00 a.m. and 1:00 - 4:00 p.m. Plan to arrive 15 minutes before the scheduled lesson. Limit 4 people per lesson, includes instruction, lift ticket and equipment.

NEW RATES

Peak Season	Half day	Full day	Regular Season	Half day	Full day
	\$110	\$157		\$57	\$109

INCLUSION SKI & SNOWBOARD PROGRAM

The inclusion program is a collaborative effort between NSCD and the Winter Park Resort Children's Center. Children 5 to 13 years old who have disabilities participate in Children's Center class activities and socialize with their peers, with an NSCD instructor present to lend a hand if needed. Initially, an NSCD instructor conducts an assessment of the participant's needs and, with the child and his or her parent or guardian, sets goals for the day, and determines the appropriate time-line (immediately or after concentrated time in NSCD lessons) for placement in a Children's Center class.

Dates and times: Nov. 19, 2011 - Apr. 22, 2012; 9:00 - 12:00 a.m. and 1:00 - 4:00 p.m. Plan to arrive 15 minutes before the scheduled lesson.

Rates per person - see New Rates chart to the left.

SKI AND SNOWBOARD PROGRAM FOR MILITARY VETERANS**

This 5-week program on Sundays is designed for individuals of any age who have served in the US military and now have a disability and want to learn to ski or snowboard, or improve existing skills.

Availability: Space is limited, so please make reservations early.

Session I: Jan. 8, 22, 29, Feb. 5, 12

Session II: Feb. 26, Mar. 4, 11, 18, 25

Denver Metro Area Departure/Return Times:

6:30 a.m./5:30 p.m. — VA Center, 1055 Clermont St.

7:00 a.m./5:15 p.m. — Denny's Restaurant, 1605 Federal Blvd.

7:15 a.m./5:00 p.m. — Denny's Restaurant, 565 Union Blvd.

Rates: \$205 per person for the 5-week alpine ski or snowboard session. \$164 per person for the 5-week Nordic ski or snowshoe session.

Includes: All-day alpine ski & snowboard lesson, or partial-day cross-country ski & snowshoe lesson, lift ticket, equipment and transportation.

SKI AND SNOWBOARD PROGRAM FOR PEOPLE WITH LOW VISION OR BLINDNESS**

This 5-week program on Sundays is designed for individuals age 7 or older with blindness or low vision who want to learn to ski or snowboard, or improve existing skills.

Availability: Space is limited, so please make reservations early.

Session I: Jan. 8, 22, 29, Feb. 5, 12

Session II: Feb. 26, Mar. 4, 11, 18, 25

Denver Metro Area Departure/Return Times:

7:00 a.m./5:15 p.m. — Denny's Restaurant, 1605 Federal Blvd.

7:15 a.m./5:00 p.m. — Denny's Restaurant, 6th Ave. and Simms

Rates: \$205 per person for the 5-week alpine ski or snowboard session. \$164 per person for the 5-week Nordic ski or snowshoe session.

Includes: All-day alpine ski and snowboard lesson, or partial-day cross-country ski and snowshoe lesson, lift ticket, equipment and transportation.

ACCESS SKI AND SNOWBOARD PROGRAM**

A 5-week program on Thursdays designed for adults with physical challenges or brain injuries. Bus pick-up/drop-off schedule to be announced.

Availability: Space is limited, please call early.

Session I: Jan. 12, 19, 26, Feb. 2, 9

Session II: Feb. 16, 23, Mar. 1, 8, 15

Departure: The bus leaves Union Station (1701 Wynkoop St.)

in downtown Denver at 7 a.m. and returns to Union Station at 5 p.m.

Rates: \$205 per person for the 5-week alpine ski or snowboard session. \$164 per person for the 5-week Nordic ski or snowshoe session.

Includes: All-day alpine ski and snowboard lesson, or partial-day cross-country ski and snowshoe lesson, lift ticket, equipment and transportation.

**** Denotes bus transportation between Denver and Winter Park is provided for lesson participants of this program.** Family members or friends may ride the bus for a \$15 per-week fee if seats are available. Non-independent participants must be accompanied by an adult on the bus and at the resort base (additional charges for the bus may apply). **There are no make-up dates for missed lessons.**

FRIDAY CLUB

Grand County residents age 7 and older can experience the thrill of learning to ski or snowboard with the same group and same instructors for five consecutive weeks. This program is designed to provide

therapeutic recreation benefits through consistency and continuity. All levels of skiers and riders are welcome. Lessons are taught in small group settings and begin at 9 a.m. and end at 3:30 p.m.

There are no make-up dates for missed lessons.

Session I: Jan. 13, 20, 27 and Feb. 3, 10

Session II: Feb. 17, 24 and Mar. 2, 9, 16

Rates: \$205 per person, entire five week session.

Includes: All-day alpine ski and snowboard lesson, lift ticket & equipment.

OUTRIGGER CLUB

A fun program during which stand or sit ski outrigger users who are able to ski independently can increase their skiing skills while exploring the mountain with a peer group and instructor guides.

Dates: Jan. 7, 21, 28; Feb. 4, 11, 25 and Mar. 3, 10, 17, 24, 31

Rates: \$350 for any or all of the 11 sessions.

Includes: Non-restricted season pass to Winter Park and use of equipment during scheduled sessions. Participants will ski with others in small groups and engage in fun activities across the mountain! **Sign up by Wednesday of each week if you want to attend the upcoming Saturday session.**

CRAIG'S CREW

A terrific opportunity for snowboarders who are able to ride independently to join other riders and expand their skills on the snow in a fun environment. Activities include spending time with the NSCD Snowboard Competition Program.

Dates: Jan. 7, 14, 21, 28; Feb. 4, 11, 25 and Mar. 3, 10, 17, 24, 31

Rates: \$350 for any or all of the 12 sessions.

Includes: A non-restricted season pass to Winter Park and use of

equipment during scheduled sessions. Participants will ride with others in small groups. Sign up by Wednesday of each week if you want to attend the upcoming Saturday session.

SKI AND SNOWBOARD CAMP FOR TEENS**

This is the place for independent teens, ages 13 - 19, who want to be with other adventure-bound young adults learning to ski or snowboard or improve their skills in those sports. It's the best holiday gift ever for a teen!

SAMPLE ITINERARY:

Day 1: Denver Airport and metro-area pick-up at 5 p.m.

Day 2 and 3: Breakfast, equipment selection, riding/ skiing, group lunch, dinner at the condo and evening activities.

Day 4: Breakfast, riding/skiing on the slopes, group lunch 2 p.m., departure for Denver and airport drop-off locations.

Dates: Thursday — Sunday, Jan. 26 - 29, 2012

Rate: \$300

Includes: Denver area pick-up, activity fees, instruction and equipment, lodging and Friday - Sunday meals. Call 970-726-1518 for information.

Registration Deadline: Jan. 1, 2012.

WEEKEND GET-AWAYS

When was the last time you got away for a weekend with a fun-loving peer group? Join us this winter for a Saturday — Sunday overnight trip that includes alpine and Nordic skiing, evening activities, lodging and meals.

Weekend Get-Away for Adults with Physical Disabilities:

Feb. 4-5, 2012

Registration Deadline: Jan. 4, 2012 **Rate:** \$130 per person.

Weekend Get-Away for Adults with Developmental Disabilities:
Feb. 25-26, 2012 **Registration Deadline:** Jan. 24, 2012 **Rate:** \$130/person.

Weekend Get-Away for Families of People with Autism:
April 7-8, 2012 **Registration Deadline:** Mar. 1, 2012
Rate: \$50 per person. **All Get-Aways include:** Activity fees, equipment and instruction, lodging and meals. Participants who are not independent in personal care may be required to bring a personal assistant to camp. Additional fees may apply for caregivers.

WINTER WONDER CAMP

This fabulous day camp designed for children with autism, age 7 and older, includes lots of fun activities and opportunities for group socialization and the incorporation of personal goals.

SAMPLE ITINERARY:

- Day 1:** 9 a.m. check-in, alpine skiing, group lunch, alpine skiing, 3:30 p.m. check-out.
- Day Two:** 1 p.m. check-in, ice skating, group dinner, snow tubing or other evening activities (parents' night out), and 7:30 p.m. check-out.
- Day 3:** 9 a.m. check-in, Nordic ski, group lunch, sleigh ride, 3:30 p.m. check-out.

Session I: Sunday - Tuesday, Dec. 26 - 28, 2011

Session II: Friday - Sunday, Mar. 9-11, 2012

Rate: \$350 per session

Registration Deadlines: Session I - Nov. 25, 2011
Session II - Feb. 18, 2011

NORDIC HUT TRIPS: SKI OR SNOWSHOE

Try something new with a group of your friends or your family!
Cross-country ski or snowshoe to the extraordinary High Lonesome Hut, a comfortable, rustic cabin on a view-filled mountainside. The 2.5 mile long tree-lined trail gains 300 feet in elevation and can be taken at a pace enjoyable to all in your group. The evening includes dinner, games, music, moonlight activities and an overnight stay in the hut. A hearty breakfast will energize you for the beautiful trip back to the trailhead.

Rates: \$70 per person (*7 person minimum, 10 person maximum*)

Dates: Ask about available dates.

SALUTE TO TROOPS

Join forces with military service men and women with disabilities who have served our nation. This two-day event is facilitated by a staff that includes U.S. military veterans. Discover the fun, challenges and rewards of Nordic sports and activities as well as social interactions with a true peer group. Both women and men are welcome. The days at the beautiful High Lonesome Hut will be filled with Nordic skiing or snowshoeing, and evening activities.

Session I: 1:00 p.m. Tuesday, Jan. 31 through noon Wednesday, Feb. 1

Rates: Free! **Includes:** Transportation from and to Denver International Airport or metro-area sites, activity fees, instruction and equipment, lodging, and meals. **Session II:** TBA. Call 970-726-1540 for more information. **Registration Deadline:** Jan. 10, 2012

CROSS-COUNTRY SKIING & SNOWSHOEING

Enjoy learning to cross-country ski or snowshoe in a beautiful, quiet mountain setting at Devil's Thumb Ranch Resort. Instruction is available for individuals age 5 and older or groups of participants age 7 and older. Lessons are available for those who ski standing or sitting and are designed to the abilities and desires of the participant. Half-day and full-day lessons are available Wednesdays — Sundays Jan. 8 - Mar. 26, 2012. **Dates:** Individuals and groups (*5 person minimum*) may sign up for lessons on specific dates or for the entire session. Lessons are offered from 9:00 - 12:00 a.m. and 1:00 - 4:00 p.m.

Wednesdays: **Session I:** Jan. 11, 18, 25, Feb. 1, 8

Session II: Feb. 15, 22, 29 Mar. 7, 14

Thursdays: **Session I:** Jan. 12, 19, 26, Feb. 2, 9

Session II: Feb. 16, 23, Mar. 1, 8, 15

Fridays: **Session I:** Jan. 13, 20, 27, Feb. 3, 10

Session II: Feb. 17, 24, Mar. 2, 9, 16

Saturdays: **Session I:** Jan. 7, 21, 28, Feb. 4, 11

Session II: Feb. 25, Mar. 3, 10, 17, 24

Sundays: **Session I:** Jan. 8, 22, 29, Feb. 5, 12

Session II: Feb. 26, Mar. 4, 11, 18, 25

RATES: Half-day: \$18 (\$82, per person, 5-week group rate)

Full-day: \$36 (\$164, per person, 5-week group rate)

Family Half-day: \$17 per person; **Family Full-day:** \$34 per person

Includes: Lesson, equipment and trail pass.

Equipment rental only: \$10

WEEKLY GROUPS

Participants age 7 and older can experience the thrill of learning to ski or snowboard for five consecutive weeks and reap the benefits of therapeutic recreation through consistency and continuity of the same group and instructors. Groups must agree to bring the same participants each week. This is not the appropriate program for groups bringing different students each week. Groups must have five or more individuals and be represented by an agency or club. All levels of skiers and riders are welcome. Lessons are taught in one-on-one or small group settings and begin at 9 a.m. and end at 3:30 p.m. There are no make-up dates for missed lessons. **Rate:** \$205 per person for five week session; agency staff tickets (*2 per agency per week*) \$7.

Includes: Lesson, equipment and lift ticket.

Mondays: **Session I:** Jan. 9, 23, 30, Feb. 6, 13

Session II: Feb. 27, March 5, 12, 19, 26

Tuesdays: **Session I:** Jan. 10, 17, 24, 31, Feb 7

Session II: Feb. 14, 21, 28, March 6, 13

Wednesdays: **Session I:** Jan. 11, 18, 25, Feb. 1, 8

Session II: Feb. 15, 22, 29 Mar. 7, 14

Thursdays: **Session I:** Jan. 12, 19, 26, Feb. 2, 9

Session II: Feb. 16, 23, Mar. 1, 8, 15

Fridays: **Session I:** Jan. 13, 20, 27, Feb. 3, 10

Session II: Feb. 17, 24, Mar. 2, 9, 16

Saturdays: **Session I:** Jan. 7, 21, 28, Feb. 4, 11

Session II: Feb. 25, Mar. 3, 10, 17, 24

Sundays: **Session I:** Jan. 8, 22, 29, Feb. 5, 12

Session II: Feb. 26, Mar. 4, 11, 18, 25

For weekly program reservations, call 303.316.1540.

MOUNTAIN PROGRAMS

ONE-DAY OR EXTENDED-STAY GROUPS

(Early and Late Season Rates)

This program is designed for groups who want to hit the slopes for single days or stay for several. Ski or snowboard lessons are taught in one on one or small group settings. If your agency or school wants to bring different groups of students on various days, this is the program for you.

Group Size: Minimum of 5; maximum of 20 students with no more than 10 sit-skiers per group.

Length of Stay: For groups staying more than a single day, a rest day prior to starting lessons due to travel fatigue and altitude adjustment is recommended along with a one-day break after three days of skiing or snowboarding. Alternate activities such as Nordic skiing, snowshoeing or an overnight hut trip can provide a fun break on that rest day.

Equipment Evaluations: If possible, groups should schedule a visit to the NSCD equipment shop for evaluations and set-up the day before lessons are scheduled to begin.

Rates: \$71 per student, per day from Nov. 23 - 27 and Dec. 17 - April 1; \$51 per student, per day from Nov. 19 - 22, Nov. 28 - Dec. 16, and April 2 - 22. Agency staff tickets (*2 per agency per day*) are available for \$37 each per day. Inquire about having your staff take our volunteer training and getting lift tickets for free as a registered Green Circle volunteer who helps out on that day. Ask about our off-slope extras that can be custom designed for your group.

Reservations: 970-726-1540 or 303-316-1540.

Consider the NSCD's Broome House condominium for your group's lodging (sleeps up to 10 people).



BRIDGE PROGRAM

The Bridge Program supports athletes investigating the possibilities of competitive sports. Program participants will have the use of personalized equipment, equipment storage, season pass and exposure to the competitive training program for one winter, allowing skiers to increase their time on the slopes and expand their knowledge, understanding, skiing skills and independence.

Applicants for the program must be independent alpine skiers. Call 970-726-1646 to apply. **Rate:** \$100

NSCD ALPINE SKI TEAM

Another paralympic year has passed and the NSCD Alpine Ski Team brought home 10 paralympic medals! If you are interested in making the 2014 paralympic team, now is the time to start training with NSCD. Are you new to alpine racing? Join us for our part-time training programs or our exciting Emerging Athletes Race Camp.

Contact Starlene Kuhns or Erik Petersen at 970-726-1547 to learn more about becoming involved with the NSCD Alpine Ski Team.

INDOOR SPORTS CAMPS 2012

NSCD offers indoor sports camp programs during fall and winter in the Denver metro area. Sessions introduce participants to different sports including basketball, Lacrosse, and hockey. NSCD will announce the 2012 Sports Camp schedule in November.

Check our website at www.nscd.org for more information or call 303-293-5311, or E-mail swood@nscd.org.

Individual Reservations: www.nscd.org or 303-316-1540 • Group Reservations: 303-316-1540

METRO PROGRAMS

ABILITY BASKETBALL & LACROSSE LEAGUES

Join the NSCD for our new basketball and volleyball leagues for ages 8 - 16. Teams will be formed by age and ability; open to individuals with any disability. The first 2 weeks will be practice, followed by 6 weeks of scrimmages and games. Includes T-shirt and the end of season celebration.

Lacrosse: Tuesdays, Sept. 13 — Oct. 18, 6:30 - 7:30 p.m.

Basketball: Tuesdays, Sept. 13 — Oct. 18, 6:30 - 7:30 p.m.

Location: Gold Crown Field House, 150 S. Harlan St., Lakewood CO

Program Fees: Basketball - \$50/session, Lacrosse - \$50/session;

Both - \$80/session. **Sign Up at www.nscd.org**

For information, call Bryan Wood at 970-293-5311 or swood@nscd.org

PARALYMPIC EXPERIENCE

The NSCD is hosting a Paralympic Experience event. This free event is open to individuals with physical disabilities ages 5 - 18 and includes an information fair and sport demonstrations, as well as a chance to meet Paralympic athletes in person.

Rate: No cost to attend, but you must sign up www.nscd.org

Date: TBA

Location: Gold Crown Field House, 150 S. Harlan St., Lakewood CO

SOCCER LEAGUES

The Soccer Development League is for children with physical challenges. This is the first program of its kind to serve and develop athletes in the sport of soccer. Participants will receive coaching from local club teams. **Soccer leagues are for children ages 6-18 (+/-) with any ambulatory, physical disability** such as Cerebral Palsy, Traumatic Brain Injury, Stroke, Spina Bifida, Amputation, Muscular Disorder and more.

NSCD Fall/Winter Programs 11

Participants will receive top level coaching from local club soccer teams. Players must be able to walk and/or run without use of assistive devices.

Two programs are offered: a recreational program for participants with no or little experience, and a select program for participants seeking a more competitive program with more training.

Date: Fall Season — Sept. 7 - Oct. 16

Cost: Recreation Program \$50; Select Program \$85

Location: Highlands Heritage Park, Highlands Ranch CO; practices are mid-week and games occur on weekends.

ROCK CLIMBING

Introductory: Learn climbing safety and basic technique.

Aug. 20 and Sept. 10 — 12:30 - 3:00 p.m., Ages 5+

Eldorado Canyon outside Boulder

Aug. 27 and Sept. 24 — 12:30 - 3:00 p.m.

Clear Creek Canyon outside Golden

Cost: \$24 per session, Ages 5+

Mid-range Rock Climbing: Must have prior climbing experience and/or exceptional motivation. A telephone interview is required.

Castlewood Canyon- east of Castle Rock

Saturday - Oct. 1, Oct. 8, Oct. 15 & Oct. 22 — 9:00 a.m. - 3:00 p.m.

Transport is provided from Invesco Field.

Cost: \$24 per session

CANOEING

Learn basic safety and build paddling skills.

Wednesdays: Sept. 7, 14, 21, 28 — 5:00 - 7:00 p.m.

Location: Bear Creek Lake State Park **Cost:** \$24 per session

FANS ON THE FIELD

Denver Stadium Walk, Run and Roll

Date: Sunday, September 25, 2012 **Location:** INVESCO Field at Mile High, Coors Field, Pepsi Center in Denver, Colorado

Voted the Best 10k in Colorado by Colorado Runner Magazine and featured in 5280 Top of the Town – Amazing Races, runners and walkers will once again find themselves on the fields of Denver’s three world-

class sporting venues and professional sports franchises. Take a lap around INVESCO Field at Mile High, run along the warning track at Coors Field and across the ice at the Pepsi Center while raising money to support the unique and innovative programs of the National Sports Center for the Disabled. The 10k and 5k walk/runs are fully accessible.

Everyone is invited to participate! Volunteers will be stationed throughout the course to help along the way and provide refreshments.

The post-event tailgate party at INVESCO Field will be one you won’t want to miss!

To register, please visit www.fansonthefield.com.

16TH ANNUAL BLACK DIAMOND BALL

Date: TBD **Location:** INVESCO Field at Mile High, Denver, CO

Enjoy an evening of friendship and celebration of our Athlete of the Year; the recipient of the annual Bold Tracks Award presented to a corporation that has shown exceptional support of recreation people with disabilities; and the Outrigger Award presented to individuals who have given outstanding support to NSCD.

37TH ANNUAL WELLS FARGO BANK CUP

Date: March 2-4, 2012 **Location:** Winter Park Resort

Join the National Sports Center for the Disabled for the 37TH Annual Wells Fargo Ski Cup at Winter Park Resort. The Wells Fargo Ski Cup is one of the NSCD’s most successful fundraising events, annually netting more than \$200,000 to support successful therapeutic recreation programs for children and adults with disabilities.

In addition to the Corporate Cup Corporate Challenge, Celebrity Smackdown and Kids Snowplow Sprint races, the weekend also features the World Disabled Invitational, which is one of the season’s premier racing events for disabled skiers. A two-day silent auction, as well as tents for skier hospitality, will be featured at the base of the race course, providing the perfect position to sit and watch the races.

SKI FOR NSCD

Date: Sunday, March 4, 2012 **Location:** Winter Park Resort

This winter, the National Sports Center for the Disabled will once again offer skiers a chance to raise money to support the life-changing programs NSCD offers while winning great prizes.

This year’s many prizes include Wells Fargo Ski Cup weekend accommodations, ski passes and VIP hospitality as well as equipment and season passes to Winter Park Resort. So grab your ski buddies and register to attend this fun event while supporting year-round programs for children and adults with disabilities.

To register, please visit www.SkiforNSCDcolorado.com.

This application is for the winter 2011-2012 season only. Applications must be postmarked by Friday, October 14, 2011.

Thank you for your interest in the winter 2011-2012 Sponsor-an-Athlete scholarship program with the NSCD. Full or partial scholarships are offered twice a year covering the summer and winter sessions. Applications must be submitted for each specific season to be eligible for a scholarship during that time period. Applying for a scholarship or receiving a scholarship in the past does not guarantee acceptance for a scholarship this season. Scholarship awards are based on financial need. A copy of the completed form and the guidelines should be kept by applicants for personal reference.

WINTER SCHOLARSHIPS (2011-2012)

Athletes who demonstrate a financial need may apply for a scholarship to participate in winter activities. Scholarship recipients will receive equipment and instruction equal to a value to be determined on a case-by-case basis, including the full or partial cost of daily snow sports lessons, participation in weekly lesson programs, extended-stay programs or camps. Additional costs may apply for camps and overnight trips. Scholarships awarded to those who participate with a group will cover the equipment and activities that the group is scheduled to attend. Please refer to the winter program information in this brochure for details on the activities offered for individuals and groups. Make lesson reservations as early as possible as programs do fill rapidly and being awarded a scholarship does not guarantee specific dates and times.

SCHOLARSHIP APPLICATION: WINTER 2011-2012

This application is for the winter 2011-2012 season only. Applications must be postmarked by Friday, October 14, 2011.

VERY IMPORTANT! Late or incomplete applications will not be considered. Please call 303-316-1550 or email emays@nscd.org if you have questions regarding your inability to complete this form. Athletes age 5 and older who demonstrate financial need may apply for a full or partial scholarship to participate in winter activities. Award decisions are solely at the discretion of NSCD. **All portions of the application must be completed – do not leave any areas blank. Incomplete applications will not be accepted.**

Participant Name _____

Age _____

Home Address _____

City _____ County _____

State _____ Zip Code _____

Daytime Phone _____ Cell Phone _____

E-mail Address _____

If Under Age 18, Parent / Guardian Name _____

Parent/Guardian Phone _____

Parent/Guardian Cell Phone _____

1) Participant's Diagnosis _____

2) Place of Employment (if under age 18, parent/guardian place of employment) _____

Work Phone Number _____

3) Monthly household income and expense _____

	Applicant	Parent/Guardian If living in same household
Monthly Income:		
Wages	_____	_____
SS	_____	_____
SSDI	_____	_____
Other	_____	_____
TOTAL	_____	_____

Number of people in household _____

Number of people in household under the age of 18 _____

4) Select the option that best describes your current living environment:

- Living with parents Living independently/alone
 Living with spouse Living temporarily in a group facility
 Living permanently in a group facility
 Other (please describe) _____

5) Dollar amount in monthly bills (utilities, rent/mortgage, meals, medical, etc.) _____

6) I am applying for a scholarship to the following program (please select just one)

- Weekly Program Nordic Skiing/Snowshoeing
 Camps Alpine Skiing Snowboarding Ski Biking

7) Have you participated previously at the National Sports Center for the Disabled? Yes No

If yes, what activities _____
For how many years _____

8) How much financial assistance would you need in order to attend? _____

9) Do you plan to participate in NSCD programs through a hospital, school, parks and recreation department, or other type of organization? Yes No

If yes, list name of organization _____

Address of Organization _____

Contact Person _____

Contact's Phone _____

10) Please describe how you believe participating in NSCD programs will benefit you (i.e. meet new friends, improve physical condition, etc.)? _____

11) Please provide any additional information the NSCD should consider when reviewing your application.

I have read and do understand the Application Guidelines and Requirements of Scholarship Recipients. If I receive a Sponsor-an-Athlete Scholarship from the National Sports Center for the Disabled, I agree to those conditions. I understand that failure to comply with the requirements will result in being ineligible for a scholarship for the following year. I understand that I will be asked to provide a tax return as proof of financial information listed.

Applicant/Guardian Signature _____

Date _____

I have a family member or friend who would like to give to the NSCD by volunteering his/her time. Please send me more information.

It is the policy of the National Sports Center for the Disabled to maintain a nondiscriminatory application process. The NSCD does not award scholarships based upon age, sex, race, color, religion, national origin, disability, sexual orientation, marital status or veteran status.

HAVE YOU REMEMBERED TO:

- Sign Your Application?
- Answer all questions and complete all parts of application?

RETURN COMPLETED APPLICATION TO:

NSCD
Attn: Scholarships
P.O. Box 1290
Winter Park, CO 80482

Fax: 970-726-4112 E-mail: emays@nscd.org